OFM-18 Ski Trainer



Technical card

Device size: $1428 mm \times 962 mm \times 802 mm$ **Impact area dimensions:** $3.94 m \times 3.82 m$

Impact area: 15m2 HIC: 0,25 m

Surface required: No restrictions (any) **Footing top:** 0.3 m under the ground level

Purpose: Public places use User hight: Over 1.4 m Maximum user weight: 120 kg

Category: Blood Circulation, Coordination

Training Effect: Training of muscles of the whole legs and hips, delicate for joints. In

addition, it improves the sense of equilibrium.

Method of use: Set both feet on the platforms and firmly grab the handles. Move the

legs to the right and to the left performing a pendulum movement.

Construction and material data:

A seat and a back can be made of aluminium or HDPE plastic. Grips made of double powder coated. steel pipes. Main construction pole made of steel pipe finished by instalation collar. Roller bearings for moving parts. Stainless screws. All the wholes permanently blinded with steel covers. Total safety and funcionality of equipment can only be kept when the inspections are made on regular basis. A subject of control should be potencial damages and use. Always observe the maintance and instalation guide.

This device is designed for people over 1.4 m tall. For single person use only. Maximum user's weight 120 kg. Made followed the EN 16630:2015 norm

Made in Poland



