

OFM-09 Rower

EN

Technical card

Device size: 734mm x 1075mm x 793mm

Impact area dimensions: 4.07m x 3.8m

Impact area: 15m²

HIC: 0.6 m

Surface required: No restrictions (any)

Footing top: 0.3 m under the ground level

Purpose: Public places use

User high: Over 1.4 m

Maximum user weight: 120 kg

Category: Coordination, Muscles Building, Blood Circulation

Training Effect: Practically it activates all parts of the body. Excellent exercise for boosting the efficiency of the organism.

Method of use: Locate your feet on the pedals; catch the handle with both hands. Pull the handle to your abdomen straightening your legs at the same time. Gently return to the basic position.

Construction and material data:

A seat and a back can be made of aluminium or HDPE plastic. Grips made of double powder coated. steel pipes. Main construction pole made of steel pipe finished by installation collar. Roller bearings for moving parts. Stainless screws. All the wholes permanently blinded with steel covers. Total safety and functionality of equipment can only be kept when the inspections are made on regular basis. A subject of control should be potential damages and use. Always observe the maintance and instalation guide.

This device is designed for people over 1.4 m tall.

For single person use only. Maximum user's weight 120 kg.

Made followed the EN 16630:2015 norm

Made in Poland

